I’m sick or hurt... Where do I go? (Or, where do I take my child or parent?)

Need medical care and feel safe to wait a day.

EXAMPLES ARE:
- Runny nose
- Simple backache
- Sore throat
- Earache

Need medical care today and feel safe to wait a few hours.

EXAMPLES ARE:
- Tried but could not reach my doctor
- Reached the doctor and told to go to an Urgent Care Center

Need medical care now and do not feel safe to wait.

EXAMPLES ARE:
- Trouble breathing or chest pain
- Fainting
- Sudden numbness or weakness
- Uncontrolled bleeding
- Severe pain or serious injury

CALL OR SEE MY DOCTOR

GO TO URGENT CARE

GO TO EMERGENCY ROOM OR CALL 911