

Preventive Services Timeline

(Periodicity Schedule – Birth to Age 10)

Note: There are no copays for preventive services from a Medical Home Doctor, and no copays for vaccines from an in-state medical provider who is enrolled in the VFC program

Tests and Examinations	Birth	1 Yr	2 Yrs	3 Yrs	4 Yrs	5 Yrs	6 Yrs	7 Yrs	8 Yrs	9 Yrs	10 Yrs
Well Child Visits *1 & *2	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Physical Check-up	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Head Size	◆	◆	◆								
Metabolic Screening *3	◆										
Length/Height and Weight	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
BMI	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Blood Pressure *4	★	★	★	◆	◆	◆	◆	◆	◆	◆	◆
Anemia (Iron)	◆	◆	◆	◆							
Lead *5		◆	◆	★	★	★	★				
Urinalysis				←	◆	→					
Tuberculin Test (PPD) *6		★	★	★	★	★	★	★	★	★	★
Cholesterol Screening			★	★	★	★	★	★	★	★	★
Hematocrit and Hemoglobin *7		◆	★	★	★	★	★	★	★	★	★
Development Assessment	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Hearing	◆	★	★	★	◆	◆	◆	★	◆	★	◆
Vision	◆	★	★	★	◆	◆	◆	★	◆	★	◆
Oral Health *8		◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
Immunizations	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
STI Screening *9											
Anticipatory Guidance *10	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆

- Please note that children with high risk factors may need more frequent and additional types of preventive care.
- Well baby visits are recommended by the American Academy of Pediatrics at 2-4 weeks and at 2, 4, 6, 9, 12, 15, and 18 months.
- Metabolic screenings include thyroid, hemoglobinopathies, PKU and galactosemia tests. Sickle cell testing is performed based on heredity and history.
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- Medical home doctors will assess oral growth and development and evaluate fluoride exposure. All children should be referred to a dentist for the establishment of a dental home no later than age 3. Routine dental care by a dentist is recommended every six months (cleaning, x-rays, fluoride treatment and sealants as needed).
- All sexual active adolescents should have a screening for sexually transmitted diseases.
- Many doctors recommend that a teenage girl have her first gynecological exam by the time she turns 18, or sooner if there a concern such as pain, signs of infection, worries about development, or if the teenager has become sexually active.
- Age appropriate health information is discussed, such as injury prevention, violence prevention, sleep positioning counseling, nutrition counseling and oral hygiene counseling.

KEY: ★ = to be performed on patients at risk or based on history and physical check-up

◆ = to be performed by standard American Academy of Pediatric guidelines and testing methods

←◆→ - the range during which a service may be provided, with the dot indicating preferred age

Preventive Services Timeline

(Periodicity Schedule – Ages 11 - 18)

Note: There are no-copays for preventive services from a Medical Home Doctor and no copays for vaccines from in-state medical providers who are enrolled in the VFC program

Tests and Examinations	11 Yr	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs	17 Yrs	18 Yrs
Well Child Visits								
Physical Check-Up	◆	◆	◆	◆	◆	◆	◆	◆
Head Size								
Metabolic Screening *2								r
Height and Weight	◆	◆	◆	◆	◆	◆	◆	◆
Blood Pressure	◆	◆	◆	◆	◆	◆	◆	◆
Anemia (Iron)	◆	◆	◆	◆	◆	◆	◆	◆
Lead								
Urinalysis	★	★	★	★	★	◆	★	★
Tuberculin Test (PPD)	◆	◆	◆	◆	◆	◆	◆	◆
Cholesterol Screening	★	◆	★	★	★	◆	★	★
Hematocrit and Hemoglobin *3	★	★	◆	★	★	★	★	★
Development Assessment	◆	◆	◆	◆	◆	◆	◆	◆
Hearing	★	◆	★	★	◆	★	★	◆
Vision	★	◆	★	◆	◆	★	★	◆
Dental *4	◆	◆	◆	◆	◆	◆	◆	◆
Immunizations	◆	◆	◆	◆	◆	◆	◆	◆
STD Screening *5	★	★	★	★	★	★	★	★
1 st Pelvic Exam *6	★	★	★	★	★	★	★	◆
Health Education *7	◆	◆	◆	◆	◆	◆	◆	◆

- Please note that children with high risk factors may need more frequent and additional types of preventive care.
- Well baby visits are recommended by the American Academy of Pediatrics at 2-4 weeks and at 2, 4, 6, 9, 12, 15, and 18 months. Metabolic screenings include thyroid, hemoglobinopathies, PKU and galactosemia tests. Sick cell testing is performed based on heredity and history.
- All menstruating females should have a hematocrit and hemoglobin blood test yearly.
- Medical home doctors will assess oral growth and development and evaluate fluoride exposure. All children should be referred to a dentist for the establishment of a dental home no later than age 3. Routine dental care by a dentist is recommended every six months (cleaning, x-rays, fluoride treatment and sealants as needed).
- All sexual active adolescents should have a screening for sexually transmitted diseases.
- Many doctors recommend that a teenage girl have her first gynecological exam by the time she turns 18, or sooner if there a concern such as pain, signs of infection, worries about development, or if the teenager has become sexually active.
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